

No Surprises Act- Good Faith Estimate of Costs

The purpose of this notice is to let you know that PPA is an out-of-network provider with all insurance plans. If you prefer to use your health insurance, we would advise you contact your insurance company for a list of in-network providers. PPA does not accept insurance assignment, which means fees are not collected from insurance companies, rather they are paid directly by the responsible party. If you choose to submit to your insurance company the services you receive from PPA, your insurance may not cover some or all of the services.

With regards to an estimate of fees that will be paid for psychological services rendered, this will depend on the severity, duration, and diagnosis of the individual. Treatment length is variable and depends on numerous factors including how long the difficulties have been present. Current fee rates at PPA as of 1/1/2023, for Individual/Family Psychotherapy fees for a 45-minute session (\$210 Master's Level; \$300 Doctoral Level) and group psychotherapy is \$90 a session. Fees are also reflected on our website at www.SouthFloridaTherapists.com. If fees change, you will be notified in advance. There may be additional items or services that are recommend as part of the treatment that will be scheduled separately and are not reflected in this good faith estimate. The information provided in this good faith estimate is only an estimate and actual items, services, or charges may differ from this good faith estimate. Nevertheless, you and your family members are free to discontinue treatment at any time. You can cancel sessions with 24 hours advance notice to avoid a fee.

If you have any questions or objections to any charge, please let the office know immediately. If unexpected costs arise, Federal law allows you to dispute the bill. You may start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill. To learn more and get a form to start the process, go to www.cms.gov/nosurprises or call 800-985-3059.

Please note, this is not a contract and you are not required to obtain any services from PPA. However, if this is not signed, PPA is not able to provide and/or continue therapeutic care to you and/or your family members. If you have any additional questions, please direct them to your provider.

Thank you for your understanding.

Pediatric Psychology Associates

