

## Parent Café Workshop: Building Effective Communication Skills Between Parent and Child with Dr. Lauren Carbonell and Dr. Samantha Carella (See presenter bios on reverse) Wednesday, March 30, 8:15 am West side cafeteria

PLEASE RSVP for this event with Ami Eskanos at: aeskanos@rasg.org or 305-532-6421 ext. 105



Dr. Samantha Carella is a Board Certified Child and Adolescent (ABPP) Psychologist. She is licensed and has been practicing psychology since 1993. Her practice is concentrated in the area of children and families. Dr. Carella currently provides psychotherapy and family counseling for emotional, developmental and behavioral related issues. These include depression, anxiety, grief, divorce, social skills, etc. Dr. Carella conducts psychological evaluations for ADHD, autism, learning disabilities, giftedness, and emotional/psychological concerns. She also provides diagnostic consultation and second opinions for difficult to diagnose cases and parenting skills. Dr. Carella is on staff at Miami Children's Hospital and completed her doctoral internship there. At Miami Children's Hospital she supervised Interns in Psychiatry and provided consultation and intervention in Neurology and Behavioral Medicine, in conjunction with many medical departments (i.e., cardiac, juvenile diabetes, pain management, and oncology). She also conducted Early Intervention (birth to 3) developmental evaluations at both Miami Children's and St. Mary's Hospital in West Palm Beach. In addition, she was an Adjunct Faculty member at Florida Atlantic University in the Division of Psychology from 1998-2005. She is a member of the Dade, Florida and American Psychological Associations and a Fellow in the American Academy of Clinical Child and Adolescent Psychology. In 2008, Dr. Carella was the President of the Dade-Monroe chapter of the Florida Psychological Association and the recipient of the Outstanding Child and Adolescent Award in 2008. Dr. Carella was the 2013 and 2014 President of the Child, Adolescent and Family Division of the Florida Psychological Association. She works closely with public and private schools and has presented on a number of topics locally and at state conferences on topics involving autism, learning disabilities, behavioral medicine, and pediatric psychology.

**Dr. Lauren Carbonell** is a Clinical Psychology Post-Doctorate Resident specializing in the assessment and treatment of children and adolescents. She has experience in evidence-based treatment of autism spectrum disorders, ADHD, Oppositional Defiant Disorder, depression, and anxiety. Dr. Carbonell has experience working with children with social and behavioral challenges in a variety of settings. Additionally, she has experience in social skills training and mindfulness-based interventions. She has served and consulted on multi-disciplinary teams in order to provide the most comprehensive and continuity of care. Dr. Carbonell completed her graduate work in clinical psychology at Nova Southeastern University, and pre-doctorate internship in Boston at The May Center for Evaluation and Treatment and The May School for Children with Autism and Developmental Disabilities in Massachusetts. Since joining Pediatric Psychology Associates, she has been working with children, teens and their families on learning more effective communication skills to bring families closer.