

# Eating Disorder Support Group for Family and Friends



**PEDIATRIC PSYCHOLOGY**  
— ASSOCIATES —

January 21, 2016 (3<sup>rd</sup> Thursday each month)-1<sup>st</sup> mtg  
Day/Time: Thursdays - 6:30 to 8pm  
Location: PPA Weston Office  
1625 N. Commerce Parkway, Suite 200

The group is open to family and friends of loved ones from all ages struggling with an eating disorder. We will provide a supportive and safe environment for members to share and give feedback. We hope to help those at all stages of the recovery process. The group will also focus on building skills to reduce anxiety, and cope through a variety of family, interpersonal, and life challenges.

Support Group is facilitated by Dr. Amanda Strunin, Psychologist. Please contact us with any questions, or if we might provide direct assistance to you or someone you know who could benefit from our group or any other services.

**\*R.S.V.P. to [a.strunin@mailppa.com](mailto:a.strunin@mailppa.com) or 954-751-1112\***

[www.SouthFloridaTherapists.com](http://www.SouthFloridaTherapists.com)

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