

Whiteboard content:

"I Statements"

"I feel"

Can, Seem, Happy, Nervous, Excited, Surprised, Confused, Concerned, Worried, Mad, Lonely, Bored, Sad, Scared, Angry, Disgusted, Disappointed, Hurt, Depressed

"Because"

"You didn't let me have a turn" "You are talking a lot"
"You aren't listening" "I didn't hear enough when you talked"
"You are interrupting me" "You didn't include me"
"You don't agree with me" "You aren't sharing with me"

"When"

"When I see..." "I see..." "I feel..." "I hear..." "I think..."
"When you..." "When we..." "When he..." "When she..."

Words/Phrases

Should, Must, I wish, I want, I need, I expect, I demand, I insist, I require, I demand, I expect, I want, I wish

Thought

must

What is my goal?

Colorful chart with icons and text, possibly a social skills or behavior chart.

